



This Week @MidwayTrades

Week Ending January 30, 2026

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Economic News of the Week



2026 Economic Calendar

powered by **ECONODAY**

2026 Econoday Investor's Journal

U.S. & Intl Recaps Event Definitions Central Banks Today's Calendar

Monthly

Weekly

Today

Change Timezone

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

Monday Jan 26

Tuesday Jan 27

Wednesday Jan 28

Thursday Jan 29

Friday Jan 30

Market Focus »

Global Economics »

Durable Goods Orders

REPORT DELAYED 8:30 AM ET

Chicago Fed National Activity Index

REPORT DELAYED 8:30 AM ET

Chicago Fed National Activity Index

REPORT DELAYED 8:30 AM ET

Dallas Fed Manufacturing Survey

10:30 AM ET

Treasury Buyback Announcement (Preliminary)

11:00 AM ET

3-Month Bill Auction

11:30 AM ET

6-Month Bill Auction

11:30 AM ET

2-Yr Note Auction

1:00 PM ET

4-Week Bill Settlement

8-Week Bill Settlement

4-Month Bill Settlement

FOMC Meeting Begins

Consumer Confidence

CONSENSUS + 10:00 AM ET

New Home Sales

DELAYED 10:00 AM ET

Richmond Fed Manufacturing Index

10:00 AM ET

Treasury Buyback Announcement

11:00 AM ET

4-Week Bill Announcement

11:00 AM ET

8-Week Bill Announcement

11:00 AM ET

4-Month Bill Announcement

11:00 AM ET

6-Week Bill Auction

11:30 AM ET

5-Yr Note Auction

1:00 PM ET

Money Supply

1:00 PM ET

Treasury Buyback Results

2:00 PM ET

MBA Mortgage Applications

7:00 AM ET

Durable Goods Orders

DELAYED 8:30 AM ET

International Trade in Goods (Advance)

DELAYED 8:30 AM ET

Retail Inventories (Advance)

DELAYED 8:30 AM ET

Wholesale Inventories (Advance)

DELAYED 8:30 AM ET

EIA Petroleum Status Report

+ 10:30 AM ET

4-Month Bill Auction

11:30 AM ET

2-Yr FRN Note Auction

11:30 AM ET

FOMC Announcement

CONSENSUS + 2:00 PM ET

Fed Chair Press Conference

+ 2:30 PM ET

3-Month Bill Settlement

6-Month Bill Settlement

6-Week Bill Settlement

International Trade in Goods and Services

CONSENSUS DELAYED 8:30 AM ET

Jobless Claims

CONSENSUS + 8:30 AM ET

Productivity and Costs

CONSENSUS DELAYED 8:30 AM ET

Factory Orders

CONSENSUS DELAYED 10:00 AM ET

EIA Natural Gas Report

+ 10:30 AM ET

3-Month Bill Announcement

11:00 AM ET

6-Week Bill Announcement

11:00 AM ET

6-Month Bill Announcement

11:00 AM ET

4-Week Bill Auction

11:30 AM ET

8-Week Bill Auction

11:30 AM ET

7-Yr Note Auction

1:00 PM ET

Fed Balance Sheet

+ 4:30 PM ET

10-Yr TIPS Settlement

PPI-Final Demand

CONSENSUS + 8:30 AM ET

Chicago PMI

CONSENSUS + 9:45 AM ET

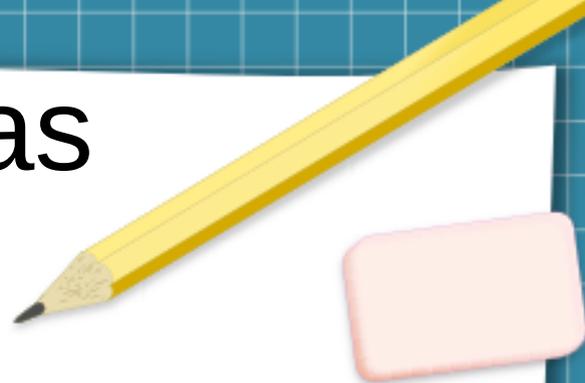
Alberto Musalem Speaks

1:30 PM ET

Farm Prices

3:00 PM ET

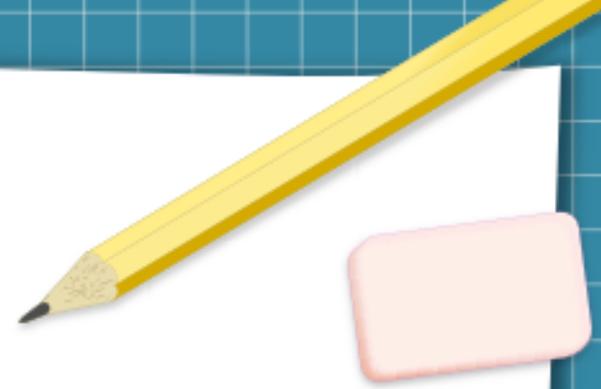
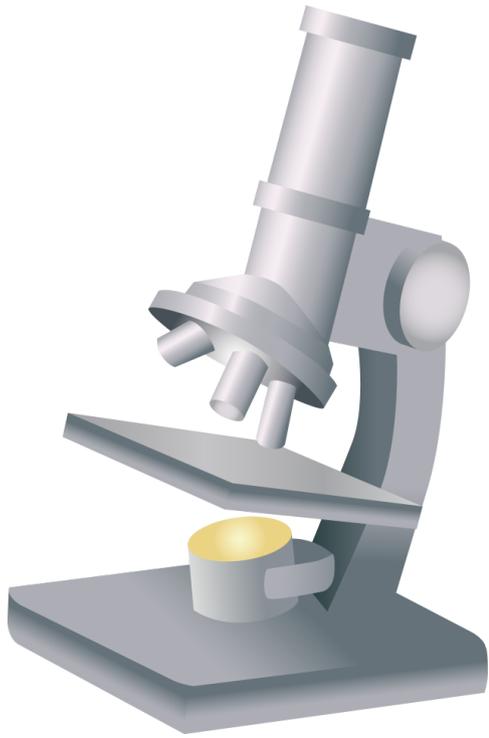
The Week That Was



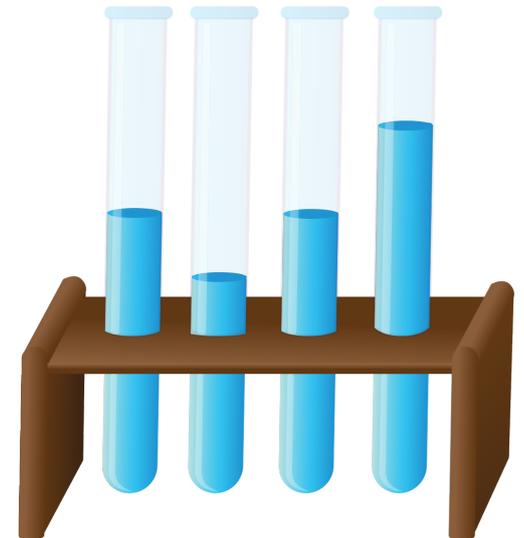
- Theme: “Give Me Shelter”
- Start of Week: 1 Trade
 - SPX 23-day Narrow Calendar (5-lot) DIT: 5
- Opened Trades: 1 Trade
 - Thurs: SPX 22-day Narrow Calendar (5-lot)
- Closed Trades: 1 Trade
 - Mon: SPX 23-day Narrow Calendar (5-lot)
 - \$162.00 [5%] in 5 days
 - Balance: **\$162.00**
- End of Week: 1 Trade
 - SPX 22-day Narrow Calendar (5-lot) DIT: 1

January, 2026

- 5 Trades
- 4 wins, 1 loss
- Wins:
 - SPX 24-day Narrow Calendar (4-lot): \$239.20 [8.5%] in 10 days
 - SPX 23-day Narrow Calendar (3-lot): \$217.20 [8%] in 6 days
 - SPX 22-day Narrow Calendar (5-lot): \$212.00 [7.5%] in 1 day
 - SPX 23-day Narrow Calendar (5-lot): \$162.00 [5%] in 5 days
- Losses:
 - SPX 30-day Unbalanced Fly (2-lot): (\$165.60) (7%) in 6 days
- Lessons: Good risk management. Maybe a bit too conservative
- Monthly Total: \$664.80 [97%]



Off to the Lab!





Thank you for your time. Let's keep talking!

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